

JOURNAL PROMPTS & CARD SPREAD

ILLUMINATION OF SELF Card spread







- 1. How does my perception influence my daily experience and creative expression? Am I seeing things as they are, or am I missing out on important details?
- 2. What colors am I drawn to and what do they reveal about my current emotional state? How can I use color more intentionally in my life and work?
- 3. What areas of my life or work am I seeking clarity in? How can illumination in these areas transform my perspective or creative output?

