

ISSUE NO.3



# SKETCHBOOK SOCIETY

CREATE TOGETHER | GROW TOGETHER



JULY 1ST 2025

CLASSROOM INTO THE WILD

### WELCOME

We're so glad you're here! This month, we continue our journey together—deepening our sketchbook practice by heading Into the Wild with artist and illustrator Monica Stadalski.

Whether you're exploring a nature trail, a neighborhood sidewalk, or your own backyard, this class is a gentle invitation to observe the world around you with curiosity and record it through ink, watercolor, and simple storytelling. Monica's approach is relaxed and joyful—just what we need to stretch our creative muscles and build confidence along the way.





#### THIS MONTH'S CLASS

## INTO THE WILD

In this class, Monica shares how she captures the essence of her everyday surroundings through expressive line work, playful watercolor, hand lettering, and page composition. We'll follow along as she sketches plum blossoms, maps a neighborhood walk, and builds meaningful, personal sketchbook spreads that blend image and story.



**BEGIN CLASS** 

#### WEEKLY CHECKLIST

- **WEEK 1:** Watch the class intro, gather your sketch kit, take a walk or sit outside, and sketch one observed detail with a simple note or label.
- **WEEK 2:** Dive into the Plum Blossoms lesson: practice light ink linework, add loose watercolor, and include handwritten notes or reflections.
- **WEEK 3:** Sketch your own route or moments along the way, map it out, and focus on playful observation without pressure.
- **WEEK 4:** Revisit your pages to add details or color, reflect on your growth, and share your favorite spread in the group.

#### BONUS SKETCHBOOK PROMPTS

- Sketch a plant or flower from life—then draw it again from memory.
- Make a visual "sound map" of what you hear on your walk.
- Use only ink for one page—embrace the imperfections.
- Collect textures: bark, pavement, leaves. Recreate them in line and wash.
- Write a short note to nature—then illustrate it.



### END OF THE MONTH REFLECTIONS

How did it feel to take your sketchbook out into the world this month?
What surprised you about your surroundings—or about your process?
Which technique or moment brought you the most joy?
What resistance (if any) came up, and how did you move through it?
<ul> <li>How might you keep noticing and documenting the wild around you—daily or weekly?</li> </ul>







