

FOLKHEARTED PRACTICE · 20 PROMPTS

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Folkhearted: *Prompts for Play*

01 Paint a row of simple leaves.

02 Make a flower using only dots and lines.

03 Paint a vine that wanders across the page.

04 Create a motif using three simple brushstrokes.

05 Make a pattern inspired by feathers.

06 Paint a tiny sprig or branch.

07 Create a flower without lifting your brush.

08 Make a repeating pattern using dots.

09 Paint a simple folk-art tulip.

10 Create a border using one repeated mark.

11 Paint a leafy stem using a single brushstroke for each leaf.

12 Make a pattern inspired by raindrops.

13 Paint a simple five-petal flower.

14 Create a motif using only curved lines.

15 Make a pattern inspired by seeds or berries.

16 Paint a tiny starburst or sun.

17 Combine a flower and leaves into one simple motif.

18 Choose one mark and repeat it in different sizes.

19 Paint something symmetrical without measuring.

20 Let your brush wander and see what appears.